

Smoothies

\$7.99

THE EXTREME GREENS

Spinach, Kale, Cucumber, Pear, Banana & Coconut Water

THE MANGO LASSI

Mango, Banana, Mint & Coconut Water

THE MATCHA BLISS

Banana, Organic Matcha, Date, Himalayan Salt & Almond Milk

THE ALMOND BERRY

Blueberries, Strawberries, Banana & Almond Milk

PEANUT BUTTER CUP

Peanut Butter, Banana, Almond Milk & Cacao Powder

THE COCO-BERRY

Mango, Strawberries, Blueberries & Coconut Water

Add Protein Powder: Regular \$1.00 Vegan \$1.50

Cold Pressed Juices

\$8.49

THE REVITALIZER

Beets, Honeydew, Mint, Apple, Pear, Cucumber, Lemon, Ginger, Turmeric & Coconut Water

THE ENERGIZER

Lemon, Pineapple, Apple, Ginger & Cayenne Pepper

THE GOLDMINE

Pineapple, Carrot, Cucumber, Honeydew, Orange, Lime, Lemon Ginger & Turmeric

THE BOOST

Almond, Banana, Date, Cacao Powder & Himalayan Salt

THE PROTECTOR

Pear, Apple, Cucumber, Pineapple, Kale, Celery, Romaine, Mint & Lime

THE ALCHEMIST

Kale, Cucumber, Celery, Carrot, Apple, Spinach, Parsley & Lemon

Açaí Bowls

\$8.99 THE AMOR

Frozen Açaí, Blueberries, Strawberries, Banana, Almond Milk Blend. Toppings: Granola, Blueberries, Dark Chocolate & Mint Leaf

\$8.99 THE MANGO AÇAÍ

Frozen Açaí, Blueberries, Strawberries, Banana, Almond Milk Blend. Toppings: Granola, Mango & Banana

\$9.49 THE TIKI

Frozen Açaí, Blueberries, Strawberries, Banana, Almond Milk Blend. Toppings: Granola, Pineapple, Peanut Butter, Shredded Coconut & Goji Berries

Sandwiches

\$8.99 THE AVO-CORE

Albacore Tuna, Avo Smash & Shredded Romaine

\$8.99 THE HARVEST

Turkey Sausage, Red Peppers, Provolone, Chipotle Yogurt, Avo Smash & Shredded Romaine

\$8.99 THE MEDITERRANEAN

Grilled Chicken Breast, Basil Ricotta, Sundried Tomato, Avo Smash & Shredded Romaine

\$7.99 THE VITAL VEGGIE

Soy-Cured Tofu, Pickled Veggie Slaw, Sunflower Sprouts, Hummus, Avo Smash & Shredded Romaine

Make it a Wrap - Whole Wheat or Gluten Free (\$0.50)

Brown Rice Bowls

\$8.99 THE TERIYAKI

Brown Rice, Grilled Pineapple, Carrot, Edamame, Broccoli, Sesame Seeds & Teriyaki Sauce

\$11.99 THE HEARTY JAMBALAYA

Brown Rice, Turkey Sausage, Prawns, Carrots, Celery, Bell Peppers, Feta, Cilantro & Spicy Tomato Sauce

\$8.99 THE TEXICAN

Brown Rice, Avo Smash, Black Beans, Corn, Feta Cheese, Red Pepper, Chipotle Yogurt, Pico De Gallo, Cilantro & Corn Tortilla

\$8.99 THE POWER PLANT

Brown Rice, Broccoli, Chickpeas, Kale, Pumpkin Seeds, Sunflower Sprouts, Lemon Chia Vinaigrette & Hummus

Salads

\$8.50 THE UPGRADE

Kale, Cranberries, Carrots, Almonds, Feta, & Açaí-Pomegranate Vinaigrette

\$8.50 THE CLEAN GREENS

Baby Spinach, Romaine, Sunflower Sprouts, Honeydew Salsa, Pumpkin Seeds & Honeydew Vinaigrette

\$9.49 EL FRESCO

Romaine, Black Beans, Corn, Mango, Red Peppers, Salsa Verde Vinaigrette, Avo Smash, Cilantro, Feta & Corn Tortilla

\$7.49 THE SUPER

Quinoa, Kale, Cucumber, Carrots, Chick Peas, Edamame, Sunflower Sprouts & Lemon Chia Vinaigrette

Proteins

\$2.50 CHICKEN BREAST

\$3.00 GRILLED PRAWNS

\$2.50 TURKEY SAUSAGE

\$1.00 HARD-BOILED EGG

\$2.00 SOY-CURED TOFU

All Day Breakfast Wraps

\$6.99 THE COUNTRY FRESH

Scrambled Eggs, Chicken Breast, Shredded Romaine, Avo Smash & Pico De Gallo

\$6.69 THE TURKEY SAUSAGE WRAP

Turkey Sausage, Scrambled Eggs, Avo Smash, Brown Rice, Black Beans, Feta Cheese & Chipotle Yogurt

\$6.99 THE SUNWISE

Scrambled Eggs, Brown Rice, Spinach, Avo Smash & Pico De Gallo

Substitute Gluten Free Wrap \$0.50

Drinks

AMERICANO

REG

LRG

\$2.70

\$2.95

LATTE

\$3.65

\$4.30

CAPPUCCINO

\$3.65

\$4.30

TEAS

\$1.99

\$2.25

ESPRESSO

SINGLE

DOUBLE

\$2.45

WHEAT GRASS SHOT

\$2.75

\$4.25

Substitute Almond Milk or Coconut Milk \$0.60

